

4.1.3. Dance Academy

CLASS LEVEL RUBRIC 2018-2019

NAME: _____ **AGE:** _____

LEVEL PLACEMENT FOR 2018/2019 SEASON: _____

	LEVEL 4	LEVEL 3	LEVEL 2	LEVEL 1
AGE	Dancer is between the ages of 13 and 18	Dancer is between the ages of 11 and 17	Dancer is between the ages of 8 and 14	Dancer is between the ages of 6 and 8
ATTITUDE/FOCUS/MATURITY IN CLASS	Dancer exhibits outstanding attitude, focus, and discipline in their classes, and is a role model for other dancers in the room.	Dancer exhibits great attitude, focus, and discipline in their classes. Dancer almost never needs a reminder to focus and/or stop talking.	Dancer exhibits good attitude, focus, and discipline in their classes, but needs some reminders to focus and/or to stop talking.	Dancer exhibits a beginning understanding of how to be focused and disciplined in their classes, but needs frequent reminders to focus and/or stop talking.
EFFORT/PERFORMANCE	Dancer exhibits great effort and performance abilities both on stage AND in class. Dancer never has to be asked to go “full out” or to perform in the studio.	Dancer exhibits good effort and performance abilities both on stage AND in class. Dancer may need an occasional reminder to go “full out” or perform in the studio.	Dancer exhibits adequate effort and performance abilities both on stage AND in class. Dancer needs some reminders to go “full out” or perform in the studio. Dancer may need more time to learn/remember choreography.	Dancer exhibits adequate effort and performance abilities both on stage AND in class. Dancer may need more frequent reminders to go “full out” or perform in the studio OR on stage. Dancer may not remember all movements in choreography.
ALIGNMENT **Including head, shoulders, arms, back, core, pelvis, legs, feet.	Dancer exhibits an great knowledge of their proper alignment, and utilizes it most times in all styles of dance.	Dancer exhibits a great knowledge of their proper alignment, and utilizes it sometimes in most styles of dance.	Dancer exhibits an adequate knowledge of their proper alignment. Dancer is able to utilize it sometimes, but needs frequent reminders of correct placement.	Dancer exhibits a beginning knowledge of their proper alignment. Dancer requires reminders on alignment in most classes, and is still figuring out how to apply their alignment to all styles of dance.

<p>JUMPS/LEAPS **We are looking at the overall execution of the jump, INCLUDING arm placement, head placement, leg placement, pointed feet, etc... It is important to note that even though a dancer may be able to get themselves into the general position in the air, we do not consider it as an achieved skill unless it is executed properly.</p>	<p>Dancer can properly execute all jumps/leaps from level 3 as well as; turning disc jump, switch arabesque jump, switch leaps, turning leaps, and more. Dancers understand the ratio from height and distance and understand how to utilize the necessary muscles to increase height. Dancer needs some corrections on their jumps, and is actively working on more advanced leaps/jumps.</p>	<p>Dancer is able to execute all jumps/leaps from level 2 as well as; tilt jump, fouëtte arabesque jump, and an attitude leap, jete, tour jete, off center, axle, and center leap. Dancers are understanding how to maintain proper height of jumps. Dancer requires corrections on these jumps.</p>	<p>Dancer is able to execute all jumps/leaps from level 1 as well as; attitude jetè, attitude jump, and a center leap. Dancer requires corrections on these jumps.</p>	<p>Dancer is able to demonstrate a grande jetè, and an arabesque jump. Dancer is still working on proper technique in both the preparation and the physical jump, as well as learning more advanced jumps.</p>
<p>TURNS **We are looking for correct arm placement, use of core, correct pelvic alignment, posture, spotting, correct relevé, and control.</p>	<p>Dancer is able to execute chaine and pique turns. Dancer can demonstrate en dehors and en dedans pirouettes in a minimum of 3 pirouettes, but is more regularly hitting 4 and potentially more on the right and left legs. Dancer is proficient in a la secondes, and is able to incorporate challenging variations into their turn sequence. Dancers may also execute leg hold turns in various forms.</p>	<p>Dancer is able to execute chaine and pique turns. Dancer can demonstrate en dehors and en dedans pirouettes in a minimum of 2, but is hitting 3 pirouettes on the right and left legs. Dancer can adequately demonstrate a la seconde turns in basic sequences, with very few corrections.</p>	<p>Dancer is able to execute both chaine and pique turns. Dancer can demonstrate a double pirouette on either the right or left leg. Dancer may be able to demonstrate a la seconde turns, but needs many corrections.</p>	<p>Dancer is able to execute chaîné turns. Dancer can demonstrate a single pirouette on either the right or left leg. Dancer may be working towards a double pirouette, or pique turns, but still requires corrections and guidance.</p>
<p>FLEXIBILITY/USE OF EXTENSION **We are looking for straight knees, proper port de bras, pointed feet, correct pelvic alignment and correct arms.</p>	<p>Dancer demonstrates great overall flexibility. Dancer is able to demonstrate various extensions with control and ease, and requires minimal corrections on placement/execution.</p>	<p>Dancer demonstrates overall good flexibility. Dancer is able to demonstrate various extensions with some corrections in placement/execution.</p>	<p>Dancer may demonstrate adequate flexibility in some areas, but needs work in others. Dancer is able to demonstrate extensions, but needs corrections in placement/execution.</p>	<p>Dancer has a beginning level of flexibility and needs more guidance on how to utilize their flexibility properly in extensions.</p>

<p>ABILITY TO FOLLOW CHOREOGRAPHY/ INSTRUCTION **Overall ability to pick up/follow choreography in different styles.</p>	<p>Dancer is proficient in following instruction and choreography at a fast pace requiring minimal guidance, or repetition of the movement.</p>	<p>Dancer is able to follow instruction and choreography at a faster pace, but still requires a fair amount of guidance, and repetition of the movement.</p>	<p>Dancer is able to follow instruction and choreography at a medium pace, requiring a lot of guidance, and repetition of the movement.</p>	<p>Dancer is able to follow instruction and choreography at a slower pace, and with constant guidance.</p>
<p>OVERALL MOVEMENT QUALITY/MATURITY OF MOVEMENT</p>	<p>Dancer exhibits a proficient understanding of movement style and quality. Dancer understands movement initiation at an advanced level, and is willing to try new things outside of their comfort zone.</p>	<p>Dancer exhibits a good understanding of movement style and quality. Dancer has an understanding of movement initiation at an intermediate level, and sometimes tries new things outside of their comfort zone.</p>	<p>Dancer exhibits an adequate understanding of movement style and quality. Dancer understands movement initiation at an intermediate level but struggles to try new things outside of their comfort zone.</p>	<p>Dancer exhibits a beginning understanding of movement style and quality. Dancer does not yet understand movement initiation and is hesitant to try new things outside of their comfort zone.</p>
<p>TAP (if applicable) **We are looking at clarity of sounds, technique of the completed steps, timing, and overall comprehension.</p>	<p>Dancer can demonstrate all of level 3, as well as; over the top, alternating pull back, and triple time step. Dancer has a great understanding of music theory/timing/rhythms.</p>	<p>Dancer can demonstrate all of level 2, as well as; back shuffles, wings, and shuffle pullbacks. Dancer has a good understanding of music theory/timing/rhythms.</p>	<p>Dancer can demonstrate all of level 1, as well as; drawbacks, shuffle paradiddles, chug shuffles. Dancer has an adequate knowledge of music theory/timing/rhythms.</p>	<p>Dancer can demonstrate a shuffle, flap, cramp roll, and paradiddle. Dancer has a beginning knowledge of music theory/timing/rhythms.</p>
<p>HIPHOP (if applicable)</p>	<p style="text-align: center;">X</p>	<p>Dancers are ready to push themselves further by learning tricks and skills. Dancer has a proficient movement quality and musicality. Dancer initiates movements correctly, and can pick up and retain choreography.</p>	<p>Dancer has an understanding of beats and musicality, but needs work in perfecting how to utilize these beats. Dancer knows the different types of movements, but needs to perfect the style. Dancer can combine movements such as hitting and grooving. Dancer may need assistance in picking up choreography.</p>	<p>Dancer exhibits a beginning understanding of beats and musicality. Dancer does not yet understand movement initiation, and different hip hop style movements such as hitting, popping, groove steps and fluidity.</p>